

## Gymkhana Monroeville

2024 Summer Camps 4650 Old Frankstown Rd. PGH PA 15239 www.gymkhanafun.com



**GYMKHANA'S KHIDS KAMP** *children ages 3-12* During this Gymkhana favorite, your child will be introduced to a fun-filled variety of physical, social, and creative activities. Our Khids Kamps are recognized as Pittsburgh's premier program for children! Students use all of the gymnastics equipment including floor exercise, balance beam, rings, uneven bars, mini trampoline, tumble trak, and the trampoline. Group activities include dry-land water games, parachute play, obstacle courses, craft activities, magic rope, inflatables and much more. Kampers are supervised at all times. Experience the thrill of such a wide variety of activities, sure to bring a smile to your kamper's face! Space is limited and will be filled on a first-come, first-served basis.

**NINJA CAMP** *children ages 4* & *Up* A fun and extremely active camp inspired by the popular TV show. Each day will bring new challenges and obstacle courses for your ninja to test themselves physically, build strength, and most importantly, have fun! Daily activities will include a mix of gymnastics, parkour, ninja obstacles, and many other group activities. Sign up early, as this has been our most popular camp the past few years.

**REC TEAM CAMP** Available to anyone on Rec Team or who has completed one term of an intermediate session and interested in joining Rec Team. Students will get to work on their gymnastic skills on each event in a fun and exciting camp atmosphere.

**TUMBLING CAMP** *children ages* 6 & *Up* Walkovers, handsprings, tucks and more!!! Beginner through advanced students will be placed into age and skill appropriate groups to take their tumbling skills to the next level. During this camp, students will utilize our spring floors, inground trampoline, 40 ft. long tumble trak, mini trampolines, and in-ground pit mats to improve their tumbling. In addition to tumbling, students will also enjoy relay races, obstacle courses, and fun camp games!

**GYM CAMP** *children ages 6 & Up* This camp is designed for recreational gymnasts that wish to improve and build upon their gymnastic skills. The opportunity for the students to get many training hours in a short time period give the students more opportunities to learn and get past any hurdle that may have been holding them back. In addition to gymnastics, students will enjoy our obstacle course, group games, relay races, and much more!

<sup>\*</sup>All Camps are designed as drop off

<sup>\*</sup>All campers must be potty trained

<sup>\*</sup>Half Day Campers should bring a snack, Full day campers should bring a snack and lunch, all campers should bring a water bottle