



Gymkhana's Schedule of Classes at Monroeville

2024 Spring Schedule

4650 Old Frankstown Rd. PGH PA 15239

www.gymkhanafun.com



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Infant/Toddler Gym * 12 - 30 months	9:15-10:00	10:15-11:00	10:15-11:00	9:15-10:00	9:15-10:00	3:15-4:00
My Grown Up & Me* 2 1/2 yrs. & up		9:15-10:00	9:15-10:00		11:15-12:00	2:15-3:00
3 & 4 years	12:30-1:15	2:30-3:15	11:15-12:00 4:15-5:00 2:30-3:15	1:15-2:00	10:15-11:00	12:15-1:00 1:15-2:00
4-6 years	11:30-12:15 1:30-2:15	11:15-12:00	12:15-1:00 5:10-5:55	11:30-12:15 2:15-3:00	12:15-1:00	12:15-1:00 1:15-2:00
Kinder Khana	4:15-5:15	12:15-1:15	1:15-2:15	10:15-11:15 4:10-5:10		11:10-12:10
Kinder Kids**			4:30-5:45		4:30-5:45	
6-16 yrs. Beginner	4:15-5:15	5:45-6:45	6:10-7:10	4:10-5:10 5:15-6:15	4:45-5:45	10:45-11:45
6-18 yrs. Intermediate**		4:15-5:30	7:20-8:35		6:00-7:15	9:15-10:30
6-18 yrs. Advanced Intermediate**			7:20-8:35		6:00-7:15	
Tumbling	7:30-8:30	7:15-8:15				
Rec Team- Bronze-Silver**		5:30-7:00		6:15-7:45	6:00-7:30	
Rec Team- Gold-Platinum**	5:15-7:30			6:15-8:30		
Ninja Khana (Age 4-7)	10:30-11:15	1:30-2:15				

*These classes are to be taken with a parent / guardian

**enrollment in these programs requires coaches approval

INFANT/TODDLER GYM - 10-30 months

ITG class 12 week session (1 day/week) - \$228/session

GYMNASTICS DEVELOPMENT PROGRAM

2 1/2 - 6 year old class 12 week session (1 day/week) - \$228/session

RECREATIONAL CLASS PROGRAM - ages 6-18 (age appropriate groups)

Beginner 12 week session (1 day/week) - \$254/session

Intermediate 12 week session (1 day/week) - \$317/session

Tumbling 12 week session (1 day/week) - \$254/session

NINJA KHANA-Combines Gymnastics, Ninja Obstacles, and parkour, with physical fitness

Age: 4-7 12 week session (1 day/week) - \$243/session

RECREATIONAL TEAMS - The recreational teams are open to any girl who has taken one term of our Intermediate class. The girls will follow the USAG XCEL program.

Bronze-Silver 12 week session \$600 (\$200/month)

Gold-Platinum 12 week session \$867 (\$289/month)

KINDER KHANA- ages 4-6. Students will be in the gym 25% longer than our normal developmental program and introduced to even more body positioning, skills, and strength building. This program is for young gymnasts who would like to be pushed more. Students must have completed one term of our gymnastics development program. Check with an instructor to see if this is a good fit for your child! 12 week session \$254

KINDER KIDS Available to girls ages 4 1/2 - 6, students are able to be in the gym twice a week and are introduced to basic strength, flexibility, body positions, and skills. Students must have completed at least one term in the gymnastics development program and have staff approval to become a Kinder Kid. 12 week session (2 days/week) \$570/session (190/month)

